

Calendar Highlights:

April School Vacation: The Dojo is OPEN. All Classes will be held as regularly scheduled.

Apr.28-May.3rd: For the school vacation week students are welcome to INVITE FRIENDS to class with them. Applies to all Age Levels!

Apr.16th—Spring 'Egg Hunt' for Youth and Junior Students, their siblings & Friends! On Wednesday 4/16 @ 5:00 pm. Students may wish to bring a small bag to class (to carry their 'treasure'!)

Upcoming Karate Tournament(s):

HIGHLY Recommended to GC Students of all ages & rank levels!

- 5/4—Alliance Karate Tournament (coming to Londonderry NH) on Sunday, May 4th !! Pick up a registration form from the office!

Add'l Tournaments available in April/ May:

- 4/19 - Elm Street Challenge (Waterville, ME)
- 5/3 - AAU Adirondack Karate Tournament (Troy NY)
- 5/18-Shidokan USA Karate Tournament (Londonderry NH)

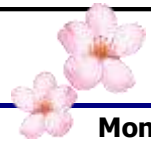
Note: Practice time will be available in-class, for those who wish it, to help them prepare.

AAU / WUKF North American Open
(Las Vegas, NV) - Apr.4-6, 2025

SEMPAI JOHN is competing at this International Event. Please take a moment when you see him, to wish him well. Thank you.

















Good Luck Sempai!



Student Activity Calendar: April 2025



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>THIS WEEK: Focus on Instructors Choice</p> <p>Regular Class Schedule</p>	<p>Regular Class Schedule</p>	<p>1</p> <p>Regular Class Schedule</p>	<p>2 Competition Team* Practice 4:00 pm</p> <p>Sparring </p> <p>Regular Class Schedule</p>	<p>3</p> <p>NOTE: No Weapons Class on Apr.3; All Karate Classes will be held as regularly scheduled. Thank you.</p>	<p>4</p> <p>AAU/WUKF World Karate Tournament (Las Vegas, NV)</p> <p>Good Luck John!</p>	<p>5 Competition Team* Practice 11:45 am</p> <p>AAU/WUKF World Karate Tournament (Las Vegas, NV)</p> <p>Sparring </p> <p>Regular Class Schedule</p>
<p>6</p> <p>AAU/WUKF World Karate Tournament (Las Vegas, NV)</p> <p>THIS WEEK: Focus on Curriculum Review & Kumite [Sparring]</p>	<p>7 Sparring </p> <p>Regular Class Schedule</p>	<p>8 Sparring </p> <p>Regular Class Schedule</p>	<p>9 Competition Team* Practice 4:00 pm</p> <p>Sparring </p> <p>Regular Class Schedule</p>	<p>10 Sparring </p> <p>Regular Class Schedule</p>	<p>11</p> <p>Regular Class Schedule</p>	<p>12 Competition Team* Practice 11:45 am</p> <p>Sparring </p> <p>Regular Class Schedule</p>
<p>13</p> <p>THIS WEEK: Focus on Forms (Kata) & Bunkai (Kata Applications)</p>	<p>14 Sparring </p> <p>Regular Class Schedule</p>	<p>15</p> <p>Regular Class Schedule</p>	<p>16 Competition Team* Practice 4:00 pm</p> <p>'Egg Hunt' @ 5:00 pm For Youth & Jr Students Friends Welcome! </p> <p>Regular Class Schedule</p>	<p>17 Sparring </p> <p>Regular Class Schedule</p>	<p>18</p> <p>Regular Class Schedule</p>	<p>19 Competition Team* Practice 11:45 am</p> <p>SMART-Elm Street Challenge Karate Tournament (Waterville, ME)</p> <p>Regular Class Schedule</p>
<p>20</p> <p>Easter Sunday </p> <p>THIS WEEK: Focus on Forms</p>	<p>21 Patriots' Day </p> <p>Regular Class Schedule</p>	<p>22 </p> <p>Regular Class Schedule</p>	<p>23 Competition Team* Practice 4:00 pm</p> <p>Regular Class Schedule</p>	<p>24</p> <p>Regular Class Schedule</p>	<p>25</p> <p>Regular Class Schedule</p>	<p>26 Competition Team* Practice 11:45 am</p> <p>Regular Class Schedule</p>
<p>27</p> <p>THIS WEEK: Focus on Self-Defense</p>	<p>28</p> <p>Reminder: School Vacation Week, the Golden Crane is open! Friends are Welcome</p> <p>Regular Class Schedule</p>	<p>29</p> <p>Regular Class Schedule</p>	<p>30 Competition Team* Practice 4:00 pm</p> <p>Regular Class Schedule</p>	<p>May 1</p> <p>Regular Class Schedule</p>	<p>May 2 </p> <p>Regular Class Schedule</p>	<p>May 3 Competition Team* Practice 11:45 am</p> <p>AAU Adirondack Karate Tournament (Troy NY)</p> <p>Regular Class Schedule</p>

**School Vacation Week - Golden Crane is Open
Bring-a-Friend Week**



Student Activity Calendar: April 2025

Schedule Note: On Thursday, Apr.3, the 4:15 pm Weapons Class is cancelled. All Karate classes on that day will be held as regularly scheduled. Questions? Please contact the office. Thank you!

NH School Vacation Week: Apr.28-May 3: The Golden Crane is OPEN during the school vacation week, and holding classes. **PLUS, for the school vacation week, Students are invited to BRING FRIENDS!**

Spring 'Egg Hunt' for Youth and Junior Students, their siblings & Friends!

Wednesday, 4/16 @ 5:00 pm. At the end of the Youth & Junior Classes, time will be reserved for our Annual Easter Egg Hunt! It's always fun to watch the children scour the dojo, and the many hiding places that eggs can be tucked in to, and hidden!



Students are encouraged to bring a bag with them to class, to carry the treasures they find!!!

Upcoming Karate Tournaments;

HIGHLY Recommended to GC Students of all ages & rank levels!

- 5/4—Alliance Karate Tournament (coming to Londonderry NH) on Sunday, May 4th !!
Pick up a registration form from the office!

Add'l Tournaments available:

- 4/19 - Elm Street Challenge (Waterville, ME)
- 5/3 - AAU Adirondack Karate Tournament (Troy NY)
- 5/18-Shidokan USA Karate Tournament (Londonderry NH)
- 6/1—AAU Mid-Atlantic District Karate Championships (Bangor, PA)



- Note: Practice Time will be available in-class, for those who wish it, to help them prepare... OR, TRY OUR COMPETITION CLASS! Speak with an Instructor, or Contact the Office, to Learn More.

Competition Practice Classes: We are always looking for new students to join our Competition Team! Please consider joining us for a Free Trial Session, and experience the energy for yourself!

Practice classes are Open to students who enroll in our Competition Program. These classes offer students of all ages, and all rank levels, the opportunity to prepare for upcoming tournaments.

Students will work with dedicated Coaching Staff to improve on their forms, body mechanics and performance in Kata, Kumite & Kobudo. **Please check the front side of this monthly calendar for class dates & times.**

Questions? Please email the office. Thank you.

COMING SOON—Watch for a KIDS NIGHT OUT Event to be scheduled. Details coming soon!

REFERRALS! Help us to Spread The Word!



Do you know someone who might benefit from Training? Please help us promote The GOLDEN CRANE & Traditional Martial Arts! Invite them to join you for a FREE Trial Class. **Complete details of our referral program are available through the office.*



An Invitation to Join Us!

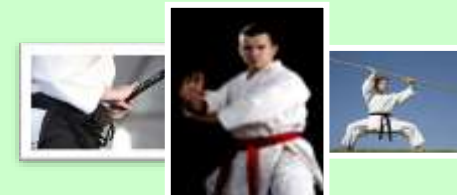
This is a Great Time to Introduce a Friend to the Benefits of Training at the Golden Crane!

This is a personal invitation to **YOU**, to 'Bring a Friend or Family Member' to join you for class.

Your Guest's First Class, with you, is Free!

Then, they may choose to continue training with one of our Introductory Memberships:

- Select either our;
- **6-Week Trial Membership**, OR,
 - **3-Month Introductory Membership***..
- (*Includes a FREE Karate Uniform & Belt)



*For New Karate Students, ages 4 1/2 years and older; Offer includes a Free Uniform & Belt; For New Iaido Students, ages 11 years and older; For New Kobudo Students, must have a minimum Rank of Blue Belt, or above, or previous martial arts experience.

For additional details on activities, visit our website: www.goldencraneNH.com and click on the 'Events' Page.

Email: goldencrane04@gmail.com (603) 437-2020