

#### FEBRUARY 2024 Calendar Highlights

(Please see Page 2 for more information.)

Feb.14—Happy Valentine's Day
Feb.14—Kids Night Out / Parents
Night Off! Parents!! Take the
Night Off, and enjoy an evening together, while your children (and their friends) are safe and enjoying an evening of fun with us!

Activities, Food, Games & Fun... Please see flyer for more information.

## NH School Vacation Week; and, Bring a Friend Week: Feb.24-Mar.1

We are Open during the School Vacation Week, and Students are encouraged to invite friends & family to train with them!

New GC Class Schedule will begin 3/1/25. Please note: the Sat. AM classes will be starting 30 minutes later. The new schedule will be available soon.





## **Student Activity Calendar - February 2025 -**



Sun	Mon	Tue	Wed	Thu	Fri	Sat
It's A	New Year!				Chinese New Year Jan.29, 2025	1 Competition Team* Practice 11:15 am
Help Introduce Family & Friends to the Golden Crane Your personal referral is invited to join us for a Free Trial Class, and then train with us for an additional 2 weeks of Classes—FREE.  It's a great way for anyone to experience our school!  Year of the Snake						
_			<b>-</b>		_	Regular Class Schedule
THIS WEEK:	3 Sparring	4 Sparring	5 Competition Team* Practice <b>4:00 pm</b>	6 Sparring	7	8 Competition Team* Practice 11:15 am
Focus on Sparring & Strategies; as well as a study of Body Mechanics &			Sparring Final Day to			Sparring
Movement			Turn in Jan Activity Sheet!			
	Regular Class Schedule	Regular Class Schedule	Regular Class Schedule	Regular Class Schedule	W-	Regular Class Schedule
9 THIS WEEK: Focus on	10	11	Competition Team* Practice 4:00 pm	13	14 Happy Valentines Day!	Competition Team* Practice 11:15 am
Traditional Kata & Kata Bunkai (Kata Applications)			Sparring	Sparring	Kids Night	
	Regular Class Schedule	Regular Class Schedule	Regular Class Schedule	Regular Class Schedule	A <u>Fun Night</u> of Fun, Activities & movies. Please read flyer for more Information.	Regular Class Schedule
16 THIS WEEK:	17 Sparring	18	19 Competition Team* Practice 4:00 pm	20	21	Competition Team* Practice 11:15 am
Focus on Instructors Choice			Sparring			Sparring
	Regular Class Schedule	Regular Class Schedule	Regular Class Schedule	Regular Class Schedule		Regular Class Schedule
23	24	25	26 Competition Team*	27	28	Mar.1 Competition Team*
Reminder:			Practice 4:00 pm			Practice 11:45 am
School Vacation Week, the Golden Crane is open!	School		Week - Gol		is Open	New GC Class Schedule Begins
		Bring	g-a-Friend \	week		March 1st!
	Regular Class Schedule	Regular Class Schedule	Regular Class Schedule	Regular Class Schedule		New Class Schedule!

For additional details on activities, please refer to the reverse side of the monthly calendar; or visit our website, <a href="www.goldencraneNH.com">www.goldencraneNH.com</a> and click on the 'Events' Page. goldencrane04@gmail.com (603) 437-2020



### **Student Activity Calendar: February 2025**

# Happy Valentine's Day! Friday, Feb.14, 2025: KIDS NIGHT OUT / PARENTS NIGHT OFF



**Parents!! Take the Night Off**, and enjoy an evening together, while your children (and their friends) are safe and enjoying an evening of fantastic fun with us!

Kids Night Out includes: Activities, Food, Games & Fun...

Event Date: Friday, February 14, 2025, from 5:30-8:30 PM\*

(\*Early drop off & Late pick up will also be available w/ advance notice please.)

Who Can Attend? Suitable for Ages 5-13 years old.

This is NOT restricted to Golden Crane students. Siblings and friends are welcome too!

### **Please see Event Flyer for Complete Details!**

Questions, or to Register, please email: goldencrane04@gmail.com, or speak with an instructor. Thank you!



**Upcoming Karate Tournaments:** (for a complete listing of events, visit goldncraneNH.com, and click on our 'Tournament Bulletin Board' Page)

Sunday, March 9 - AAU NJ District Karate Championships\* (Hopatcong, NJ) (\*& AAU Nationals Qualifier)

Sat., March 22nd - S.M.A.R.T. Battle of Maine Karate Tournament (Waterville, ME) Sunday, May 18 - Shidokan USA Invitational Karate Tournament (Londonderry, NH)

June 30-July 5 - AAU National Karate Championships (Ft. Lauderdale, FL)

**Tournament Practice Classes:** Open to students of all ages, and all Rank levels, these classes will help students prepare for upcoming tournaments. Private & Semi-Private coaching is also available. Please inquire in the office for membership requirements, and pricing—thank you.

**New GC Class Schedule:** Starting March 1st, a NEW GC Class Schedule will be in effect. Please note: the Sat. AM classes will be starting 30 minutes later. The new schedule will be available soon!

**Kobudo & Iaido:** Have an interest in trying any of our optional training programs? Join us for a Free Trial Class! We offer instruction in Kobudo (traditional weapons) and Iaido (Japanese Sword). Please contact the office for details.



Our 6-Week Holiday Special Continues through Feb.28!h

AAU Karate\* provides an opportunity for Karate Students of all ages to compete in Quality Local, Regional, National and International Events, including Tournaments & Educational

Seminars.

#### GC Competition Team Training—JOIN US FOR A FREE INTRO CLASS!

Come try a Class with us, and see what Our Competition Program has to offer.

Select from events such as: Kata (Forms), Kobudo, Kumite (Point Sparring), as well as 'Team Events'. Please email the dojo office.