


Golden Crane Class Schedule (New Schedule Begins Saturday, March 1, 2025)

The **Golden Crane Class Schedule** is available to view **ONLINE** (visit www.goldencraneNH.com, & click on the 'Schedule' Page); On occasion our normal class schedule may change due to **Holiday Hours and Upcoming Events** (please visit: www.goldencraneNH.com, and follow the 'News & Events' link for details). Questions? Please email us: goldencrane04@gmail.com

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					IN-PERSON <b style="color: red;">Youth & Junior* Karate All Rank Levels New Class Time: <b style="color: red;">9:45-10:30 AM** <i>(*Junior dismissal @ 10:15 AM)</i>
					IN-PERSON <u>AND</u> ONLINE Adult & Teen Karate All Rank Levels New Class Time: <b style="color: red;">10:45-11:45 AM**
	IN-PERSON <b style="color: red;">Youth & Junior* Karate All Rank Levels 3:45-4:30 PM <i>(*Junior Dismissal @ 4:15 PM)</i>	IN-PERSON Competition** Class All Ages / All Levels 4:00-5:00 PM	IN-PERSON <u>Weapons Class:</u> Youth & Teen 4:15-5:00 PM		IN-PERSON Competition* Class All Ages / All Levels New Class Time: <b style="color: red;">11:45 AM-12:45 PM**
IN-PERSON <b style="color: red;">Youth & Junior* Karate ALL Rank Levels 5:00-5:45 PM <i>(*Junior Dismissal @ 5:30 PM)</i>	IN-PERSON Teen Karate All Rank Levels 4:45-5:45 PM	IN-PERSON <b style="color: red;">Youth & Junior* Karate All Rank Levels 5:00-5:45 PM <i>(*Junior dismissal @ 5:30 PM)</i>	IN-PERSON <b style="color: red;">Youth & Teen Karate All Rank Levels 5:00-5:45 PM <i>(*Junior dismissal @ 5:30 PM)</i>	Special Events	Note: To attend classes in Weapons, Iaido and/or the Competition Class, students must be enrolled in the program. For more information on these programs, and how to enroll, please contact the office. Thank you.
IN-PERSON <u>AND</u> ONLINE Adult & Teen Karate ALL Rank Levels 6:00-7:00 PM	IN-PERSON <u>AND</u> ONLINE <u>Iaido (Japanese Sword)</u> Adult & Teen 6:00-7:15 PM	IN-PERSON <u>AND</u> ONLINE Adult & Teen Karate All Rank Levels 6:00-7:00 PM	IN-PERSON <u>AND</u> ONLINE Adult & Teen Karate All Rank Levels 6:00-7:00 PM		
	IN-PERSON <u>AND</u> ONLINE Adult Karate All Rank Levels 7:20-8:20 PM	IN-PERSON <u>Weapons Class</u> Adult & Teen 7:10-8:10 PM			

Age Levels: **JUNIOR** [4 ½ - 6 years old], **YOUTH** [6-11 years old], **TEEN** [12-15 years old], **ADULT** [16+ years old]. Please note, for training purposes, and to maximize the benefits of training, students should train with their respective AGE Levels. Questions? Please speak with an instructor.

Belt Rank Levels: **BEGINNER**=White, Purple, & Yellow Belts; **NOVICE**=Orange & Blue Belts; **INTERMEDIATE**=Green & Brown Belts; **ADVANCED**=Red & Black Belts.

Email: goldencrane04@gmail.com

Website: www.GoldenCraneNH.com